



Apollo Beach Woman's Club

Hibiscus Newsletter



President's Fall 2020 Message

Hi there,
 It is hard to believe it is already October! Your board has been meeting on Zoom and we will have as many programs on Zoom as possible for you to watch and enjoy. You don't have to dress up, you can enjoy your coffee and watch on your computer, iPad or phone! It's easy! Just click the link that is sent to you by email. You may wait a few seconds, then you will be in the meeting! We are going to arrange it so you are not seen or heard so you can just enjoy the speakers. We had a very informative Zoom meeting regarding the election protocols. I have had great feedback from our first meeting. I do hope you will participate in Zoom as a way to stay connected with our group.

We need to stay connected during these times to keep our Apollo Beach Woman's Club active! If you have questions re: Zoom, our club, etc. please call or email me. I am here for you.

Tonda Parish is your new Sunshine board member. She also serves as our Parliamentarian.

Please let her know if you are sick or having surgery, or any reason someone might need a caring note. We care about you! Tonda's phone number is 813-624-9662 or you can email her at tonda.parish@gmail.com. We are still needing extra cards if you have any to share. Give Tonda a call!

We are not sure when our luncheons and activities will resume. In January we will look at our situation with Covid-19 and the flu season. We don't want to put your health in jeopardy.

In the meantime, please consider a monthly donation as our High School Seniors and Community need our help! Remember your donations are always confidential! Thank you to everyone who has contributed to the Sonja Davidson Memorial Scholarship. We have collected \$860.00 and if Sonja was here she would say "Hello Sisters, Thank you!"

Please take care and stay safe!

Sincerely and Hugs,
 Claudia
 President of ABWC
claudiagassett@me.com

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Friendship is a horizon which
 Expands whenever
 We approach it



Board & Committee Chairs 2020-2021

Executive Board

President:	Claudia Gasset	352-258-4580
1st V.P. Programs:	Jeanette Doyle	813-310-8738
2nd V.P. Membership:	Liz Pedersen	813-777-8215
3rd V.P. Member Mtgs:	Barbara DeOca	813-892-1219
Secretary:	Sandy Dobratz	813-641-7117
Treasurer:	Sheila May	847-514-1475
Past President:	Katherine Cintron	813-527-6198

Committee Chairs

Ads for Newsletter	Sally Coupal	585-734-1646
Bake Sale	Barbara Lamneck	813-641-7469
Book Club	Sandy Dillmuth	813-642-0425
	Cyd Charrow	813-645-3959
Bridge Club/ Other Games	Sharron Brunk	813-672-3553
Chaplain	Barbara Lamneck	813-641-7469
Community Service	MaryLou Cunningham	813-644-7849
	Rebecca Crotwell	813-922-3033
Culture Club	Grace McKee	813-766-5040
	Phyllis Elsberry	813-545-2872
Garden and Craft Club	Sara Dottellis	813-992-4235
	Gloria Brown	813-672-9018
Hospitality	Kate Winch	813-645-1676
	Joan Kelly	813-922-4733
Newsletter	Kim Alkins	813-672-4462
Parliamentarian	Tonda Parish	813-624-9662
Publicity	Kim Alkins	813-672-4462
Raffles	Marcia Ward	813-677-9993
Scholarship	Sharon Vasquez	813-641-7856
Sunshine	Tonda Parish	813-624-9662
Ways & Means	Peggy Palmeri	813-645-1695
	Barbara Lamneck	813-641-7469
Website	Pat McChesney	813-317-3324

New to the board and/or position.

Fundraisers

Bake Sale 2021

Ladies,

The annual bakeless bake sale has been moved to January and February when we can all be back together at our monthly meetings (hopefully). As this money goes for scholarships, we hope you can all contribute in the new year. We hope to have our regular fall bakeless bake sale event next year. Have a wonderful holiday and enjoy all the holiday sweets.

Thank you
Barbara Lamneck
Bake sale chairman



Diamond Tours 2021

Hello Ladies!

I have heard recently from Diamond Tours, regarding a trip for 2021. I am not sure if we would safely be able to do this in April, but if it would be possible, and have enough people signed up, we would be ready to go. As you know this would be a great fundraiser for our scholarship funds.

The trip for 2021 is going to be the Biltmore Estate. It is the same itinerary as the 2020 planned trip. The date would be (Sun to Fri) April 18 - 23, 2021. Remember you may invite family, neighbors, husbands, or your boyfriend. The more the merrier.

Diamond Tours has extended the payment to February. By then we should know if we would be able to make the trip a go. I am sure by then we would all be ready to start traveling. The price is the same as last year, \$556 per person for a double room and \$720 for a single room. Insurance for a double is \$45 per person and single is \$69. It is up to you if you would like to purchase the insurance (highly recommended).

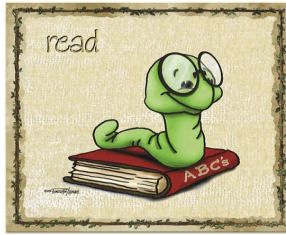
What I would like to do is get the names, phone numbers, and email of anyone that would be genuinely interested in going on the trip. Please send me a email at palmerimpeg43@yahoo.com or call me at (586) 255-5958.

I hope to hear from eager travelers soon.
—Peggy Palmeri

BOOK CLUB



Chair: Sandy Dillmuth



Chair: Cyd Charrow

Thanks to Cyd Charrow the Book Club is up and running each month using the computer platform ZOOM.

In **September** we had a round robin discussion of our favorite summer reads.

In **October** we will discuss the historical fiction book, [Tidelands by Philippa Gregory](#), a favorite book club author. Set in 1648 during the English Civil War when the people of England united to control the power of the English King, it is a turning point for the men and women, especially the women of England. The main character, Alinor, a herbalist and midwife, reflects the moralities and changes of the time.

November brings us closer to home with the book, [Suncoast Empire: Bertha Honore Palmer. Her Family and the Rise of Sarasota by Frank Cassell](#). In the early 20th century, Bertha Palmer was one of the best-known and wealthiest women in America. In 1910 she traveled to the small settlement called Sarasota. She decided to spend much of her time in one of America's last frontier investing her resources in the development of the west coast of Florida. Her influence was felt from Venice north to Tampa.

If you would like to join either of these discussions, please e-mail [Sandra Dillmuth](mailto:Sandra.Dillmuth@tampabay.rr.com) at dillmuth@tampabay.rr.com for an invitation to join the ZOOM session.



BOOK CLUB READING RECOMMENDATIONS 2020 – 2021

- | | |
|---|--|
| <ol style="list-style-type: none"> 1. Backman, Fredrik. Britt-Marie Was Here* 2. Banerjee, Sorboni. Hide With Me 3. Benedi, Marie. The Other Einstein 4. Carnegie, Dale. How to Stop Worrying & Start Living 5. Cassell, Frank. Suncoast Empire: Bertha Honore Palmer. Her Family and the Rise of Sarasota 1910-1982* 6. Cleeton, Chanel. Next Year in Havana 7. Cumino, Jeanine. American Dirt 8. Erdrich, Louise. The Night Watchman* 9. Finn, A.J. The Woman in the Window 10. Gilbert, Elizabeth. City of Girls 11. Gladwell, Malcolm. Talking to Strangers 12. Gregory, Philippa. Tidelands* 13. Hoffman, Alice. The World That We Knew | <ol style="list-style-type: none"> 14. Landvik, Lorna. Angry Housewives Eating Bonbons* 15. Larson, Erik. The Splendid and the Vile: A Saga of Churchill Family and Defiance During the Blitz 16. Michaelidas, Alex. Silent Patient 17. Moyes, JoJo. The Giver of the Stars* 18. Napolitano, Ann. Dear Edward 19. Purnell, Sonia. A Woman of No Importance: The Untold Story of the American Spy Who Helped Win WWII 20. Riley, Lucinda. The Orchid House 21. Seton, Anya. Green Darkness 22. Ware, Ruth. The Turn of the Key 23. Westover, Tara. Educated* 24. Wingate, Lisa. The Book of Lost Friends |
|---|--|

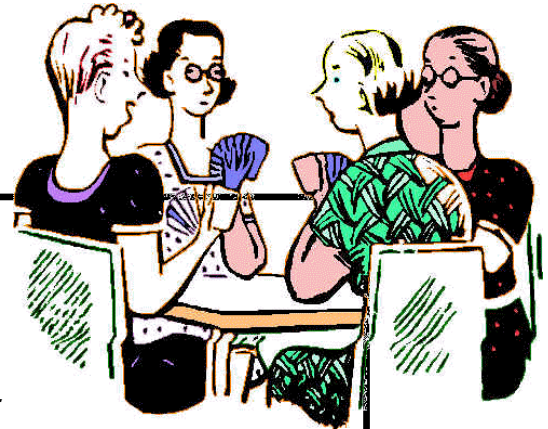
*Denotes a Book Club meeting selection.

*Remember to mention to the advertiser that **YOU SAW** their advertisement in The ABWC [Hibiscus](#)*



Chair: Sharron Brunk

BRIDGE CLUB AND OTHER GAMES



The Bridge group with other fun games is presently on hiatus during the pandemic, but looking forward to resuming our social in person games as soon as the local and national guidelines consider the interactions safe. We hope to restart our games of bridge, Hand and Foot, Rummikub and Bingo.

In the meantime, many bridge players are enjoying the game playing on line. The website Bridgebase.com offers not only duplicate club games, it also allows users to play bridge for fun at no charge. There are tutorials to walk the novice through the various game types. Partners are provided or one can invite a partner who is also enrolled to play at the same time. If anyone would like more information for this computer based activity, please contact me:

-Sharron at 813-672-3553 or email sharbrunk@aol.com.

B	I	N	G	O
14	20	32	52	71
10	27	42	55	64
7	23	FREE	58	69
11	28	34	56	72
15	25	33	53	66

Hoping this newsletter finds you well and engaged in other fun leisure activities! Know that you are missed. Stay safe.





Chair: Mary Lou Cunningham

COMMUNITY SERVICE



Chair: Rebecca Crotwell

At the beginning of the school year, committee members delivered items which the school counselors had requested to Apollo Beach, Doby and Ruskin Elementary schools. Items delivered were Capris Sun, clothing, hand sanitizer and hand wipes, as well as specified school supplies.

In November the committee plans to deliver Walmart gift cards for one family at each of the above three schools, as identified by the counselors. We hope these cards will contribute to a fulfilling Thanksgiving dinner for these families.

Even though ABWC is not meeting "in-person" for our luncheons this fall, the committee thought we should continue our tradition of providing Angel Tree gifts to families at each of the above three local elementary schools.

Angel Tree Gifts

Since the committee members will not be able to bring a list of families and their requested gifts for the Angel Tree to a November luncheon or have members bring their gifts to a December luncheon, an alternative way to assign and collect the gifts has been developed.

- ☞ Club members are to email the committee, Rebecca or Mary Lou, if interested in participating.
- ☞ Once the lists of families and their requested gifts are received, Rebecca and Mary Lou will email a list of assignments of gifts to those who have indicated they would like to participate. These assignments will be made the second week in November.
- ☞ Please let Rebecca or Mary Lou know within a week, if you will not be able to buy the gift assigned.
- ☞ Once the assignment list is finalized, they will send a follow-up email to all participants.
- ☞ The second week in December, members will bring the gifts to the Northside Parking Lot of the Publix Shopping Center at Rte. 41 and 19th Ave. (date and time to be determined and included in the final assignment e-mail). All gifts must be wrapped and clearly marked as to the recipient and the recipient's school. There will be three cars there, clearly marked with the name of the school to which the gifts will be taken. Committee members will be there with the list of assignments, as well as name tags, in case there is any confusion.

The Club's hope is to continue to be able to support families in need of assistance in our community during the holiday season. The committee members have done their best to develop a process that hopefully will result in a successful Angel Tree project.

Please contact Mary Lou cunninghammlc46@gmail.com or Rebecca rebecca@crotwell.net with any questions or comments.



MEMBERSHIP NEWS



2nd VP Membership:
Liz Pedersen

Our membership total is 126.

Our ABWC Handbooks were distributed on August 22, 2020.

If you have not received your handbook, please call
Liz Pedersen 813-777-8215 to arrange for pick up or
you may pick it up at our January luncheon.
Please let me know if you have any address, phone number,
emails changes corrections for my records.

NEW MEMBERS!!

Kimball, Barbara
Birth month: July

Stamper, ILA
Birth month: November

Wentzell, Susan
Birth month: April



CORRECTIONS 2020 – 2021 HANDBOOK

Please add the following information to your handbook.

Karen Kelsey: Add email
Barbara Allaert: home and cell
Judith Pieper: Add email
Roz Hensor: Delete home number, use cell only

*For this copy posted on the ABWC website and available to the public, all phone numbers, email, and addresses have been removed.

Remember to mention to the advertiser that **YOU SAW** their advertisement in The ABWC **Hibiscus**

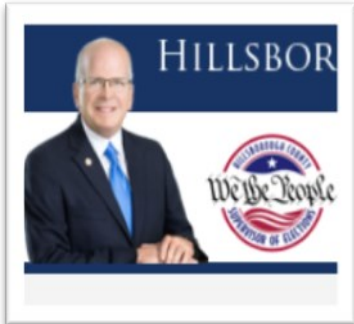


1st VP Programs:
Jeannette Doyle

PROGRAMS

The *Apollo Beach Woman's Club* does not miss a beat!!

Though the Club is not meeting at Apollo Bistro this Fall because of Covid-19, it does not mean the membership cannot enjoy our monthly meeting programs through the use of Zoom and handouts. We can see all those familiar faces and interact.



For September, Hillsborough County Supervisor of Elections (HCSOE) Craig Latimer presented a Zoom talk providing up to date voter information in regards to the upcoming Presidential election Tuesday - November 2nd, 2020.

More info can be found at:

<https://www.votehillsborough.org>.

Check your voting information to see if it is correct by October 5th. Do you have a current signature on file? Do you know your assigned precinct?

A HCSOE bullet info sheet has been emailed to all ABWC members summarizing pertinent election info with links the HCSOE website presentations. If you need a copy of this sheet, email me.

We had 27 members signup and 18 actually participated in the Zoom meeting. Questions were submitted ahead of time and others used the chat mode during the Zoom meeting. The HCSOE moderator presented the questions to Craig near the end of his presentation. I had a lot of positive feedback!

2020 General Election* Deadline to register: Monday, October 5, 2020

Early Voting: October 19 - November 1, 7 a.m. - 7 p.m., **Election Day:** November 3, 7 a.m. - 7 p.m.

Vote-By-Mail ballots will be sent out on September 24. **Vote-By-Mail** may be dropped off at early voting sites or on election day at Falkenburg or Riverview offices **by 7 p.m. on Nov. 3rd (Florida State Law).**

The Ballot is a 2 - page ballot (3 pages) with 6 amendments; sample ballot can be found on HCSOE website.

October 14th Zoom Meeting, 10:30 A.M.:
Archie McKee

Archie has an extensive Chinese ceramic collection & he is willing to share his knowledge of this fine art and its history with our club members. He is our local expert in Apollo Beach. Grace & he have traveled extensively learning about and viewing exquisite collections. A local area exhibit is at The Ringling Museum of Art in the Asian art exhibit. Archie will be a wonderful resource to supplement our knowledge and build our appreciation for this refined art.



November 11th Zoom Meeting, 10:30 A.M.:
A Celebration of Women & Their Accomplishments

Author Frank A. Cassell will present a review of his book: Suncoast Empire: Bertha Honore Palmer, Her Family, and the Rise of Sarasota. A Q & A is included. If possible, please read the book beforehand. It is also the book for the ABWC's November Book Club Zoom meeting.

SUNSHINE NEWS



Chair: Tonda Parish



During September I have sent Thinking Of You cards to :
Phyllis Elsberry and **Pat McChesney** and a Get Well card to **Donna Pierce**.

I'm sure Sonja and/or Claudia probably also sent cards this summer.

If you know of anyone sick or in need of a card, please email me (tonda.parish@gmail.com) or send me a text at (813-624-9662)

— Tonda

Two Words that can Make you Happier and Healthier!

Did you know there are two words that have the power to make us happier and healthier? Can you guess what they are?

"Thank You!"

*Research shows that **people who express gratitude are happier** and enjoy good friendships. When you are grateful, your brain releases endorphins. These are the body's feel good hormones and they uplift and energize you.*

Did you know that it is physically impossible to be stressed and thankful at the same time?

With practice, you can become better at choosing gratitude over stress and have a great impact on your health. The institute of HeartMath has found that a state of gratitude improves the heart's rhythmic functioning. This allows us to think more clearly under pressure, manage stressful situations easier and boosts our body's ability to physically heal.

*It doesn't take much effort to **say thank you** and show gratitude. It is so much easier than we think.*

— Shared by Claudia Gassett

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OCTOBER:

Ginny Burrow
 Katherine Cintron
 Georgana Collins
 Connie Craig
 Rebecca Crotwell
 Dianne Dapper
 Sandy Dobratz
 Joan Kelly
 Seel Lundy
 Carol Newcomb
 Lynn Swinscoe
 Sharon Vasquez
 Lori Winkelman



NOVEMBER:

Barbara Allaert
 Deanna Anest
 Kathie Baryza
 Jill Besch
 Beverly Brooks
 Barbara DeOca
 Mina Frank
 Jo Ann Gounaud
 Lucita Marx
 Sandy Memoli
 Barbara Rosenblum
 Ila Stamper
 Lesley Widger
 Jackie Willis
 Pat Wilson
 Dawn Woodward
 Norma Woodward



***In Loving Memory of our Sunshine Lady and Sister
Sonja Davidson***



"I saw Sonja as the epitome of what this club is all about - friendship, sisterhood and love for all. She was an inspiration and will be sorely missed."



"She was a lovely lady to have known . . ."

"From her "hello, Sisters!" To her devotion to the "Bake Sale" she will be sorely missed."



"Our Sunshine ☺ Lady will be greatly missed . . ."

"What a ray of sunshine she was . . ."



"She certainly always brought sunshine to the club and we were blessed to have her as our "sister"."



February 22, 1939 - August 13, 2020

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Chair: Sally Coupal



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Dedicated to the Support of Our Community, Our Families, and Our Sisterhood



Apollo Beach Woman's Club

c/o Kimberley Alkins
6519 Clair Shore Drive
Apollo Beach, FL 33572